



An overview of our services

Workforce Wellness is the ideal gateway to improving the Health, Wellbeing and Performance of people within your organisation - helping them get more out of life.

We bring to the market several core services with each service carrying a variety of available options. Such services as, but not limited to:

- Online & Interactive - Health Risk Assessments
- Online & Interactive - Lifestyle Management Programmes
- Fully Supported - Employee Assistance Programmes
- Cognitive Behavioural Therapy
- Ad-hoc Counselling, Welfare & Support Services
- Coaching, Training & Development (Workshops & Seminars)
- Sickness Absences Management
- Workforce Vaccination Programmes
- Workforce Health Screening
- Executive Health Screening
- Occupational Health

For more details please visit our
information website:

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