



Easy to use

Takes 10 - 15 minutes

Secure website

Workforce Wellness: Health Risk Assessment

An organisation's biggest asset is its people. The highest performing organisations put their people first. A healthy and happy workforce is a critical foundation for success. It impacts the bottom line and helps to attract the talent required to deliver world class services against today's tough targets.

At **Workforce Wellness**, we recognise the value of people and what they bring to an organisation. In working closely with one of the world's leading provider of health & productivity solutions, namely **vielife**, we offer the ideal gateway for UK based organisations and individuals to become healthier, more effective and more productive.

Traditionally, organisations have focused on how to manage people when they fall sick. **Workforce Wellness** presents **vielife's** unique Health Risk Assessment, developed to focus on promoting and managing wellbeing and preventing ill health. It is far more effective to encourage good health than pay the price of treating the sick, or the cost of long term absence.

Health Risk Assessment (HRA)

The HRA provides the initial platform for employees to successfully measure and monitor their health and wellbeing. Once the employee has completed the HRA they are receive a personalised report, giving them a snapshot of their overall health with suggestions for small changes that can have a big impact.

The online-Health Risk Assessment takes around 10 - 15 minutes to complete.

The service is available anywhere in the world, at home or at work, and it is completely confidential.



The Ideal Gateway

The HRA has been developed by **vielife** to empower and support organisations and their people to make them vibrant, healthy and productive.

Workforce Wellness is the ideal gateway for you and your people to access the online-HRA .

Helping you and your people to get more out of life !

The Ideal Platform

Being healthy is about eating right, sleeping well and feeling great. See how you measure up by taking the health & wellbeing assessment - find out where you are doing well & where you could be making improvements.

The HRA provides you with a platform to monitor your improvements and to help you build a personal health profile.

Start your journey to better health with Workforce Wellness